

**Natalie Ingraham, PhD, MPH**  
**Curriculum Vitae**

October 2019

www.natalieingraham.com

**EDUCATION**

2016 PhD University of California, San Francisco  
2009 MPH Indiana University, Bloomington, IN  
2006 BS, Psychology University of Science and Arts of Oklahoma, Chickasha, OK

**PROFESSIONAL POSITIONS**

2017- Assistant Professor of Sociology, CSU East Bay, Hayward, CA

**RESEARCH INTERESTS**

Medical Sociology, embodiment, obesity/fat studies, health disparities, LGBTQ health, sexuality, reproductive health, and mixed research methods.

**PUBLICATIONS**

**Refereed Journal Articles**

- 2019 Ingraham, N. & Boero, N. "Thick Bodies, Thick Skins: Reflections on Two Decades of Sociology in Fat Studies". *Fat Studies*.
- 2019 Gomez, Anu, Arteaga, Stephanie, **Ingraham, Natalie** & Arcara, Jenet. "Medical conditions, pregnancy perspectives, and contraceptive behavior among young people: An exploratory, qualitative analysis." *Contraception*.
- 2018 **Ingraham, N.** Perceptions of Body Size and Health among Older Queer Women of Size Following Participation in a Health Program. *Journal of Culture, Health & Sexuality*. Online first.
- 2018 **Ingraham, N.**, Erin Wingo, & Sarah Roberts. Inclusion of LGBTQ Persons in research related to pregnancy risk: A cognitive interview study. *BMJ Sexual & Reproductive Health*. Online first.
- 2018 Gomez, Anu, Arteaga, Stephanie, **Ingraham, Natalie**, Arcara, Jenet, & Villasenor, Elodia. It's not planned, but is it okay? The acceptability of unplanned pregnancy among young couples. *Women's Health Issues*. 28(5): 408-414.
- 2018 Wingo, Erin, **Ingraham, Natalie**, and Roberts, Sarah CM. Reproductive healthcare priorities and barriers to effective care for LGBTQ people assigned female at birth: a qualitative study. *Women's Health Issues*. 28(4): 350-357.
- 2016 **Ingraham, N.**, Harbatkin, D., Lorvick, J., Plumb, M. & Minnis AM. Women's Health and Mindfulness (WHAM): A Randomized Intervention among Older Lesbian/Bisexual Women. *Health Promotion & Practice*. 18(3): 348-357.

- 2016 **Ingraham, N.**, Eliason, ME, Garbers, S., Harbatkin, D., Minnis, AM. McElroy, JA., & Haynes, SG. Effects of Mindfulness Interventions on Health Outcomes in Older Lesbian/Bisexual Women. *Women's Health Issues*, 26: S53-S62.
- 2016 **Ingraham, N.** Magrini, D. Brooks, J. Harbatkin, D., Radix, A. Haynes, SG. Two Tailored Provider Curricula Promoting Healthy Weight in Lesbian and Bisexual Women. *Women's Health Issues*, 26: S36-S42.
- 2016 Wood, S.F., Brooks, J., Eliason, M., Garbers, S., McElroy, J.A., **Ingraham, N.** Haynes, S.G. Recruitment and Participation of Older Lesbian and Bisexual Women in Intervention Research. *Women's Health Issues*, 26: S43-S52.
- 2016 Fogel, S.C., McElroy, J.A., Garbers, S., McDonnell, C., Brooks, J., Eliason, M., **Ingraham, N.**, Osborn, A., Rayyes, N., David Redman, S., Wood, S., & Haynes, S.G. Program Design for Healthy Weight in Lesbian and Bisexual Women: A Ten-City Prevention Initiative. *Women's Health Issues* 26: S7–17.
- 2015 Garbers S, McDonnell C, Fogel SC, Eliason M, **Ingraham N**, McElroy JA, Radix A, Haynes SG. (2015) Aging, weight, and health among adult lesbian and bisexual women: a metasynthesis of the multisite “Healthy Weight Initiative” focus groups. *LGBT Health*, 2(2): 176-187.
- 2015 **Ingraham, N.**, Pratt, V., & Gorton, N. Counting Trans\* Patients: A Community Health Center Case Study. *Transgender Studies Quarterly*, 2(1): 136-147
- 2015 Eliason, M., **Ingraham, N.**, Fogel, S., Lorvick, J., Maurey, D.R., McElroy, J., & Haynes, S. A Systematic Review of the Literature on Weight in Sexual Minority Women. *Women's Health Issues*, 25(2):162-75. doi: 10.1016/j.whi.2014.12.001.
- 2014 Satinsky, Sonya. & **Ingraham, Natalie**. At the intersection of Public Health and Fat Studies: Critical perspectives on the measurement of body size. *Journal of Fat Studies*, 3(2). DOI: 10.1080/21604851.2014.889505.
- 2014 **Ingraham, Natalie**, Roberts. Sarah & Weitz, Tracy. Prior Family Planning Experiences of Obese Women Seeking Abortion Care. *Women's Health Issues*, 24(1), e125-e130.
- 2013 **Ingraham, Natalie**. Queering Pornography through Qualitative Methods. *International Journal of Multiple Research Approaches*. 7(2): 3969-3992

### **Book Chapters & Encyclopedia Entries**

- 2020 Ingraham, Natalie. (final draft accepted). “Fat Studies and Public Health” *International Encyclopedia of Fat Studies*. Editors: Cat Pausé & Sonya Renee-Taylor
- 2019 Ingraham, Natalie. “Health at Every Size (HAES™) as a Reform (Social) Movement within Public Health: A Situational Analysis”. Book Chapter in *The Body & Embodiment Handbook*, Eds. Natalie Boero & Kate Mason. Oxford University Press.

- 2015           Ingraham, Natalie. "Queering Porn: Gender and size diversity within SF Bay Area Queer Pornography". *Fat Sex: New Directions in Theory and Activism*. Ed. Caroline Walters and Helen Hester. London: Routledge.
- 2015           Ingraham, Natalie. "AVN (Adult Video News)", "Pornography, Genres of (overview)" and "Pornography: Feminist Porn Awards." *The Encyclopedia of Human Sexuality*. Ed. Mark LaFlaur, Patricia Whelehan, and Ann Bolin. Malden, MA: Wiley-Blackwell.

### **Manuscripts in Progress**

Ingraham, N. & Rodriguez, I. (in progress) "'Stigma R Us': Staff Perspectives of Transgender Health Care in Family Planning Clinics in the United States"

Ingraham, N. & Rodriguez, I. (in progress) "Barriers and Facilitators to Adding Transgender Care in Family Planning Clinics"

### **Other Publications**

- 2016           Ingraham, Natalie. "Weight Stigma, Gender & Medicine: A Tale of Two Times" November 14. <https://gendersociety.wordpress.com/2016/11/14/gs-blog-post-weight-stigma-gender-medicine-a-tale-of-two-times/>
- 2012           Ingraham, Natalie. "Take Root: Finding reproductive justice in my (very red) home state." March 18. <http://blog.ansirh.org/2012/03/take-root-reproductive-justice-in-red-state/>
- 2011           Ingraham, Natalie. "Body Size, Sexuality and Girls: Thinking beyond Correlations." March 22. <https://thesocietypages.org/sexuality/category/body/>

### **TEACHING**

#### **California State University, East Bay, Dept. of Sociology**

Capstone Support (Fall 2019)

Research Methods (Fall 2018, Fall 2019)

Sociology of the Family (Winter 2016, Fall 2016, Spring 2017, Summer 2017, Spring 2018, Fall 2018, Spring 2019, Summer 2019)

Sociology of Gender (Spring 2016, Winter 2017, Fall 2017, Spring 2018, Spring 2019)

Research Methods in Sociology I (Fall 2016, Fall 2017); II (Winter 2017, Winter 2018)

Introduction to Sociological Research Methods (Fall 2017)

Sociology of Sexualities (Summer 2016)

#### **University of California, Berkeley, Dept. of Sociology**

Sociology Seminar & Research Preparation (Spring 2017)

## **Mentorship Activities**

- 2019-2020 Faculty Advising Fellow, Dept. of Sociology, CSU East Bay
- 2019-2020 Center for Student Research Mentor, Undergraduate Student
- 2019 Spring Semester Faculty Advising Fellow, Dept. of Sociology, CSU East Bay
- 2018 Supervision of Undergraduate Research Assistants, Israel Rodriguez “Exploring the Increase of Transgender Healthcare in Family Planning Clinics”
- 2014 Supervision and Mentoring of Undergraduate Research Intern, Emily Robin “Women’s Health and Mindfulness

## **AWARDS & HONORS**

- 2019 USAO Young Alumni Award
- 2018 CSU East Bay First Year Faculty Experience Certificate
- 2018 CSU East Bay Certificate in Semester Teaching Preparation
- 2012 NAAFA Health at Every Size® Scholar
- 2009 Women in Science Conference – 2<sup>nd</sup> place Social Science Graduate Poster

## **FELLOWSHIPS & GRANTS**

- 2019-2020 CSU East Bay Faculty Support Grant (\$5026) – Project: “Exploring the increase of transgender health care in family planning clinics in the United States – Patient Perspectives”
- 2017-2018 CSU East Bay Faculty Support Grant (\$4800) – Project: “Exploring the increase of transgender health care in family planning clinics in the United States – Staff Perspectives”
- 2014 UCSF SBS Strauss Dissertation Award (\$3000)
- 2012 UCSF Graduate Division Dissertation Research Award (\$3000)
- 2010-2014 UCSF Dean's Health Science Fellowship
- 2009-2010 UCSF Graduate Division Fellowship

## **INVITED TALKS**

- 2017 UCSF-UC Berkeley Students for Racial Justice, Inclusion, Diversity and Equity (STRIDE) *Combating Weight Stigma and Fat Phobia in Healthcare*
- 2017 San Francisco State University. Master's of Public Health Program *Qualitative Health Research Panel*
- 2017 Planned Parenthood of Northern California Quarterly Staff Meeting  
Workshop title: *Weight stigma in the reproductive health context*
- 2014 San Francisco Community Clinic Consortium/California Area Health Education Center  
Workshop title: *Gender, Sexuality and Body Size Cultural Competency for Community Health Centers.*
- 2012 National Abortion Federation, Washington, DC *Weight Stigma & Reproductive Healthcare: A Dissertation Project Proposal.*
- 2011 National Sexuality Resource Center (NSRC) Summer Institute on Sexuality, San Francisco, CA *Queering pornography: Narratives of participation and diversity in queer pornography.*

## CONFERENCE ACTIVITY

### **Research Presentations**

- 2019 Ingraham, N. *Abortion Clinics as a Site for Increased Access to Transgender Healthcare: Lessons Learned from Clinic Staff*. Gay & Lesbian Medical Association Annual Meeting, New Orleans, LA.
- 2019 Rodriguez, I. (undergraduate student) & Ingraham, N. *Challenges Family Planning Clinics Face when Integrating Trans Care*. Poster Presentation. Pacific Sociological Association Annual Meeting, Oakland, CA
- 2019 Ingraham, N. *Health at Every Size (HAES) as a Reform (Social) Movement within Public Health: A Situational Analysis*. Pacific Sociological Association Annual Meeting, Oakland, CA
- 2019 Ingraham, N., Sanchez, M., Pelaez, S., Lempke, E. & Schaeffer, AJ. *Transgender Healthcare in Abortion Clinics*. Abortion Care Network Annual Meeting. Las Vegas, NV.
- 2018 Ingraham, N. *Wider Slider Bars: Navigating Sexuality for Older Queer Women in the Bay Area of California*. American Sociological Association Annual Meeting. Philadelphia, PA.
- 2018 Ingraham, N. *Exploring the Increase of Transgender Health Care in Family Planning Clinics in the United States*. American Sociological Association Sexualities Preconference, Philadelphia, PA
- 2018 Rodriguez, Israel (student) & Ingraham, N. *Exploring the Increase of Transgender Health Care in Family Planning Clinics in the United States*. CSU East Bay Student Research Symposium.
- 2018 Ingraham, N. *Out of Touch, Out of Time: Older Queer Women's Engagement with Fat Acceptance Movements*. Pacific Sociological Association Annual Meeting, Long Beach, CA.
- 2017 Ingraham, N. *Best Practices for LGBTQ Inclusion and Exclusion in Reproductive Health Research*. Poster presentation. Society for Family Planning Forum Meeting. Atlanta, GA.
- 2016 Ingraham, N. *Out of Touch, Out of Time: Older Queer Women's Engagement with Fat Acceptance Movements*. American Sociological Association Annual Meeting. Seattle, WA.
- 2016 Ingraham, N. *Health at Every Size (HAES™) as a Reform (Social) Movement within Public Health: A Situational Analysis*. American Sociological Association Annual Meeting. Seattle, WA

- 2015 Ingraham, N. *Evaluation of a provider-led health program for lesbian and bisexual women over 40 in the San Francisco Bay Area*. Paper presented at the Gay And Lesbian Medical Association Annual Meeting, Portland, OR.
- 2015 Ingraham, N. & Harbatkin, D. *Removing barriers for LB women of size using cultural competency & motivational interviewing*. Workshop presented at the Gay And Lesbian Medical Association Annual Meeting, Portland, OR,
- 2015 Ingraham, N. & Eliason, M. *Lesbians Should Take the Lead in Removing the Stigma Associated With Body Weight*. Association for Women in Psychology Annual Meeting, San Francisco, CA,
- 2014 Ingraham, N. *Evaluation of provider-led, healthy weight program for lesbian and bisexual women over 40 in the San Francisco Bay Area*. American Public Health Association Annual Meeting, New Orleans, LA.
- 2014 Ingraham, N. *Body size measurements in public health: A social justice & weight stigma perspective*. American Public Health Association Annual Meeting, New Orleans, LA.
- 2014 Ingraham, N. (2014). *The Biggest Loser: Constructing the Perfect (Thin, Straight, White, Male) Body in Reality Television*. American Sociological Association Annual Meeting, San Francisco, CA.
- 2012 Ingraham, N. *Risky Bodies, Prenatal Care & Fatness: Early Themes*. American Sociological Association Annual Meeting, New York, NY.
- 2012 Ingraham, N. *Queering pornography: Queer activism & sexuality in the Bay Area*. National Women's Studies Association Annual Meeting, Oakland, CA.
- 2012 Ingraham, N. *Risky Bodies': The Fat, Sexual Body in Public Health*. National Women's Studies Association Annual Meeting, Oakland, CA.
- 2012 Ingraham, N. & Dworkin, S. *Food and Framing on the Biggest Loser*. American Public Health Association Annual Meeting, San Francisco, CA.
- 2012 Ingraham, N. & Roberts, S. *Prior family planning experiences of obese women seeking abortion care*. American Public Health Association Annual Meeting, San Francisco, CA.
- 2012 Ingraham, N. *Queering Porn: Gender and size diversity within SF Bay Area Queer Pornography*. Midwest Sociological Society Annual Meeting, Minneapolis, MN.
- 2012 Ingraham, N. *Embodying Risk: Fatness, Sexuality and Public Health Risk*. Midwest Sociological Society Annual Meeting, Minneapolis, MN.
- 2011 Ingraham, N. & Dworkin, S. *A content analysis of the Biggest Loser*. American Public Health Association Annual Meeting, Washington, DC.
- 2011 Ingraham, N. Sales, P. Duerte-Ludwick, M. Murphy, S. *Prescription Drug Sales: Stigma & Dealer Identity*. American Public Health Association Annual Meeting, Washington, DC.

- 2010 Ingraham, N. *Queering pornography: Narratives of participation and diversity in queer pornography*. Qualitative Inquiry Congress, Champagne-Urbana, Illinois.
- 2011 Ingraham, N. *Queering pornography: Narratives of participation and diversity in queer pornography*. Western Region Society for the Scientific Study of Sexuality Conference, San Francisco, CA.
- 2010 Ingraham, N. *Is MySpace A Queer Space: Methods for Instant Message Interviews in a Qualitative Analysis of GLB Youth and Social Networking Website Use in Relation to Well-Being*. Society for the Scientific Study of Sexuality Conference, Las Vegas, Nevada.

### **Panelist**

- 2017 Author Meets Critic: “Contesting Intersex: A Dubious Diagnosis by Georgiann Davis.” Pacific Sociological Association Annual Meeting, Portland, OR.

### **Discussant**

- 2019 “Sexualities (Undergraduate Roundtable): *Sexualities II*” Pacific Sociological Association Annual Meeting, Oakland, CA.
- 2015 “Sociology of Sexuality: Identity and the Discursive Construction of Sexuality”. American Sociological Association Annual Meeting, Chicago, IL.

### **Program Organizer**

- 2019 Paper Session, Sociology of the Body & Embodiment, American Sociological Association Annual Meeting

### **APPLIED RESEARCH POSITIONS**

- 2016-2017 **Staff Research Associate**  
 “Young Couples Study” with Dr. Anu Manchikanti Gomez  
 UC Berkeley – School of Social Work
- 2016-2017 **Staff Research Associate**  
 “LGBT Populations & Reproductive Health Research”  
 UC San Francisco – Advancing New Standards in Reproductive Health (ANSIRH), Dept. of Obstetrics & Gynecology, School of Medicine
- 2015 **Regional Coordinator**  
 School & Community-Based LGBTQ Suicide Prevention  
 The Trevor Project, Marin County, CA
- 2015 **Research Assistant/Coordinator**  
 “TRUST Study – Trauma Realization Uncovered by Sisterhood Today”  
 PIs: Dr. Carol-Dawson Rose & Dr. Yvette Cuca  
 UCSF – School of Nursing, Dept. of Community Health Nursing
- 2012- **Research Consultant**  
 Ingraham Research Consulting

- 2012 – 2015 **Project Coordinator**  
 "WHAM (Women's Health and Mindfulness) in Lesbian and Bisexual Women"  
 PI: Alexandra Minnis, PhD – RTI, International
- 2011-2012 **Graduate Research Assistant**  
 "Obese Women & Access to Abortion: The Role of Stigma"  
 PI: Dr. Tracy Weitz, UCSF – Advancing New Standards in Reproductive Health  
 (ANSIRH), Dept. of Obstetrics & Gynecology, School of Medicine
- 2011 **Graduate Research Assistant**  
 "Women's Empowerment: HIV/AIDS & Violence Interventions"  
 PI: Dr. Shari Dworkin, UCSF School of Nursing, Social & Behavioral Sciences  
 Department/Global Health
- 2009-2011 **Research Assistant**  
 "Nonmedical Prescription Drug Use/Selling"  
 PI: Sheigla Murphy, PhD – Institute for Scientific Analysis
- 2009 **Master's Degree Intern/Blogger**  
 Kinsey Institute, Communications Department, Indiana University

### **Additional Training**

- 2017-2018 California Breast Cancer Research Program QuickStart Training (Community-Based Participatory Research)
- 2008 Summer Institute on Sexuality, Culture & Society  
 University of Amsterdam, The Netherlands

### **SERVICE**

#### **Service to the Profession**

- 2016- Sociologists for Trans Justice Mentoring Committee, American Sociological Association
- 2013, 2018 Program Organizer, Bay Area Sociologists for Women in Society Chapter
- 2018-2019 Program Committee, ASA Body/Embodiment Section  
 Session Organizer: Body & Embodiment Open Session
- 2018-2019 Local Planning Member, Pacific Sociological Association Social Conscience Committee
- 2014-2017 Communications Committee (Co-Webmaster), ASA Medical Sociology Section
- 2016-2017 Program Committee, ASA Body/Embodiment Section
- 2014-2017 Board Member, *Journal of Fat Studies*
- 2014-2016 Mentorship Committee, ASA Body/Embodiment Section
- 2012-2013 Student Representative, ASA Body/Embodiment Section
- 2012-2013 Medical Student Portfolio Reader, UCSF Social & Behavioral Sciences
- 2011 Program Committee, APHA HIV/AIDS Section
- 2010-2013 Section Councilor, APHA HIV/AIDS Section
- 2010-2011 Student Ambassador, Society for the Scientific Study of Sexuality
- 2008-2011 Section Webmaster, APHA HIV/AIDS Section



2008-2009 Section Secretary, APHA HIV/AIDS Section

Referee: *Social Currents, Critical Public Health, International Journal of Men's Health, Qualitative Health Research, Social Problems, Journal of Fat Studies, Archives of Sexuality Behavior, British Journal of Sociology, Ethnicity and Health, Archives of Sexual Behavior, Journal of Medical Internet Research (JMIR)*

### **Departmental/Campus Service**

2019-2020 CSU East Bay Finishing a Scholarly Project: Feedback Faculty Learning Community, Co-Faculty in Residence (with Albert Gonzalez)  
2019-2020 CSU East Bay Sociology Department Faculty Search Committee Chair, Mental Health Specialist  
2018-present CSU East Bay Committee on Research Faculty Authors Rights Taskforce  
2018-present CSU East Bay Sociology Department Curriculum Committee  
2019 CSU Wide Student Research Competition Juror, Fullerton CA (April 2019)  
2018-2019 CSU East Bay Sociology Department Faculty Search Committee, Culture Specialist  
2018-2019 CSU East Bay Committee on Research Faculty Support Grant Taskforce  
2018-2020 CSU East Bay Committee on Research  
2018-2019 CSU East Bay Supporting Students with Complex and Overlapping Challenges Faculty Learning Community  
2017-2018 CSU East Bay Grants A-Z Faculty Learning Community  
2017-2018 CSU East Bay Sociology & Social Services Semester Conversion Committee  
2016-2017 CSU East Bay Diversity and Social Justice Faculty Learning Community  
2014-2016 Student-Faculty Task Force Member, UCSF Social & Behavioral Sciences  
2008-2009 Accreditation Committee member, Council on Education for Public Health (CEPH) Accreditation  
2007-2009 Secretary, Indiana University Master of Public Health Association  
2008-2009 Co-Chair, Campus Coalition for Sexual Literacy, Indiana University

### **AFFILIATIONS**

American Sociological Association (ASA), ASA Section on Body & Embodiment, ASA Section on Sexualities, ASA Medical Sociology Section, ASA LGBTQ Caucus, Pacific Sociological Association. Society for Family Planning, Abortion Care Network Ally Member, Sociologists for Women in Society (SWS) & Bay Area SWS Chapter

### **Community Service**

2019-2020 Our Whole Lives Facilitator (K-12 Comprehensive Sex Ed), First Unitarian Church of Oakland  
2019 California Forum for Diversity in Graduate Education, Panelist, UC Davis  
2019-2021 Boost! West Oakland Impact Team/Advisory Board Member, Oakland, CA  
2011-present Member, Big Moves Bay Area, Berkeley, CA  
2018-2019 USAO Pathways Alumni Mentoring Program (virtual/Chickasha, OK)  
2017-2019 Boost! West Oakland Elementary Tutor, Oakland, CA  
2014- 2016 Member, About Bodies: A Direct Action Community Group, Oakland, CA  
2008-2009 Volunteer, Middle Way House, Bloomington IN  
2006-2007 AmeriCorps member, AIDS United/University of Tulsa Student Health Center Peer Ed Program Coordinator  
2004-2006 Volunteer, Women's Service & Family Resource Center, Chickasha, OK

